



## COURSE OUTLINE: EST0164 - SKIN AND SKIN CARE

Prepared: Silvana Bassanello

Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

<b>Course Code: Title</b>	EST0164: THE SKIN AND SKIN CARE (THEORY II)		
<b>Program Number: Name</b>	1120: COMMUNITY INTEGRATN		
<b>Department:</b>	C.I.C.E.		
<b>Semesters/Terms:</b>	20W		
<b>Course Description:</b>	This course is designed to provide students with more in depth knowledge of skin conditions relating to acne, and premature aging. Emphasis is placed on analyzing the conditions prevalent with aging, acneic and sensitive skin. A study of new treatment concepts including chemical exfoliations, microdermabrasion, and BB Glow. Focus on instruction will also include preparing for the annual Esthetician Expo and Information Fair presented to the Sault College Community.		
<b>Total Credits:</b>	4		
<b>Hours/Week:</b>	4		
<b>Total Hours:</b>	60		
<b>Prerequisites:</b>	EST0141, EST0142		
<b>Corequisites:</b>	There are no co-requisites for this course.		
<b>This course is a pre-requisite for:</b>	EST0208, EST0210		
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>		
<b>Course Evaluation:</b>	Passing Grade: 50%, D		
<b>Course Outcomes and Learning Objectives:</b>	<p>Upon successful completion of this course, the CICE student, with the assistance of a Learning Specialist will acquire varying levels of skill development relevant to the following learning outcomes:</p> <table border="1"> <tr> <td><b>Course Outcome 1</b></td> <td><b>Learning Objectives for Course Outcome 1</b></td> </tr> </table>	<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>		



SAULT COLLEGE | 443 NORTHERN AVENUE | SAULT STE. MARIE, ON P6B 4J3, CANADA | 705-759-2554

	<p>Analyze the benefits and contraindications associated with specialized esthetic equipment including the steamer, brushing machine, spray units, high frequency, galvanic and microdermabrasion.</p>	<ul style="list-style-type: none"> <li>· Identify skin types, their characteristics, treatment concepts and contraindications to treatment.</li> <li>· Identify skin conditions, their characteristics, treatment concepts and contraindications to treatments.</li> <li>· Determine modifications based on health history and client needs.</li> <li>· Recognize treatable skin conditions.</li> <li>· Demonstrate the safe and appropriate use of electrotherapy equipment for particular skin types and conditions.</li> <li>· Demonstrate proper sanitation, disinfection and sterilization methods for all equipment.</li> <li>· Determine maintenance requirements for equipment in compliance with health and safety requirements.</li> <li>· Maintain and store all instruments, materials, and supplies according to manufacturer` s guidelines and as required by Algoma Public Health.</li> </ul>
	<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
	<p>Analyze the morphology and treatment concepts for aging, acneic and sensitive skin conditions.</p>	<ul style="list-style-type: none"> <li>· Knowledge of the structure and composition of the skin.</li> <li>· Knowledge of advanced ingredient technology with the use of serums and other NatureMed products and make any modifications to treatments related to product ingredients based on health history.</li> <li>· Knowledge of NatureMed Skincare product line and advanced mask procedures and explain the benefits and effects of ingredients and products.</li> <li>· Promote the features and benefits of esthetic products and services to assist clients in determining an appropriate skin treatment based on their lifestyle and personal preferences and needs.</li> <li>· Identify intrinsic and extrinsic factors contribute to aging, acneic and sensitive skin conditions and use this information to educate clients about an appropriate homecare regime based on client needs.</li> <li>· Identify contraindications to treatments and modify treatments to suit client needs and health history.</li> <li>· Identify electrotherapy procedures such as galvanic treatments, microdermabrasion, LED skin treatments and Kinelift, which will benefit these conditions.</li> <li>· Demonstrate appropriate sanitation and disinfection procedures as outlined by Algoma Public Health</li> <li>· Store all supplies, equipment and materials appropriately as outlined by Algoma Public Health.</li> <li>· Knowledge of safe and proper extraction procedures utilizing proper supplies such as gloves, gauze and astringent to disinfect the areas as well as safe disposal of all supplies.</li> </ul>
	<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
	<p>Demonstrate the professional image and conduct necessary for success in the field of esthetics.</p>	<ul style="list-style-type: none"> <li>· Adhere to the Code of Ethics of the Esthetic industry.</li> <li>· Punctual and regular attendance.</li> <li>· Comply with Policies and Procedures regarding physical appearance and dress code.</li> <li>· Adhere to policies outlined in the Student Code of Conduct.</li> <li>· Demonstrate accountability for your own academic and professional growth.</li> </ul>

	<ul style="list-style-type: none"> <li>` Demonstrate effective interpersonal, verbal and non verbal communication skills with faculty, peers and clients.</li> </ul>
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
Organize and implement an informative presentation for the College Esthetic Expo.	<ul style="list-style-type: none"> <li>` Collaborate as an effective member of a team to reach a common goal.</li> <li>` Research and organize an informative presentation of one aspect of esthetics which demonstrates health and wellness.</li> <li>` Educate the community about the Spa at Sault College.</li> <li>* Reflect a positive attitude.</li> <li>* Reflect strong verbal and non verbal communication skills.</li> </ul>

**Evaluation Process and Grading System:**

Evaluation Type	Evaluation Weight
Acne Morphology and Treatment	20%
Aging Skin Morphology and Treatment	20%
Esthetic Expo Draft II	10%
Esthetic Expo Peer Evaluation	20%
Esthetic Expo Presentation	30%

**CICE Modifications:**

**Preparation and Participation**

1. A Learning Specialist will attend class with the student(s) to assist with inclusion in the class and to take notes.
2. Students will receive support in and outside of the classroom (i.e. tutoring, assistance with homework and assignments, preparation for exams, tests and quizzes.)
3. Study notes will be geared to test content and style which will match with modified learning outcomes.
4. Although the Learning Specialist may not attend all classes with the student(s), support will always be available. When the Learning Specialist does attend classes he/she will remain as inconspicuous as possible.

**A.** Further modifications may be required as needed as the semester progresses based on individual student(s) abilities and must be discussed with and agreed upon by the instructor.

**B. Tests may be modified in the following ways:**

1. Tests, which require essay answers, may be modified to short answers.
2. Short answer questions may be changed to multiple choice or the question may be simplified so the answer will reflect a basic understanding.
3. Tests, which use fill in the blank format, may be modified to include a few choices for each question, or a list of choices for all questions. This will allow the student to match or use visual clues.
4. Tests in the T/F or multiple choice format may be modified by rewording or clarifying statements into layman's or simplified terms. Multiple choice questions may have a reduced number of choices.

**C. Tests will be written in CICE office with assistance from a Learning Specialist.**

***The Learning Specialist may:***

1. Read the test question to the student.
2. Paraphrase the test question without revealing any key words or definitions.

3. Transcribe the student's verbal answer.
4. Test length may be reduced and time allowed to complete test may be increased.

**D. Assignments may be modified in the following ways:**

1. Assignments may be modified by reducing the amount of information required while maintaining general concepts.
2. Some assignments may be eliminated depending on the number of assignments required in the particular course.

***The Learning Specialist may:***

1. Use a question/answer format instead of essay/research format
2. Propose a reduction in the number of references required for an assignment
3. Assist with groups to ensure that student comprehends his/her role within the group
4. Require an extension on due dates due to the fact that some students may require additional time to process information
5. Formally summarize articles and assigned readings to isolate main points for the student
6. Use questioning techniques and paraphrasing to assist in student comprehension of an assignment

**E. Evaluation:**

Is reflective of modified learning outcomes.

**NOTE:** Due to the possibility of documented medical issues, CICE students may require alternate methods of evaluation to be able to acquire and demonstrate the modified learning outcomes

**Date:**

June 30, 2019

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

